



NorthStar Rehab + Pain Clinics

Preparing for your Procedure - Hibiclens Instruction

Many hospitals and healthcare facilities specifically recommend bathing with Hibiclens. Here's how to prepare for your surgery:

- Wash your hair with your regular shampoo; then rinse your hair and body thoroughly to remove any shampoo residue
- Wash your face with your regular soap or water only
- Thoroughly rinse your body with water from the neck down
- Apply Hibiclens directly on your skin or on a wet washcloth and wash gently; move away from the shower stream when applying Hibiclens to avoid rinsing it off too soon
- Rinse thoroughly with warm water and keep out of eyes, ears and mouth; if Hibiclens comes in contact with these areas, rinse out promptly
- Dry your skin with a towel
- Do not use your regular soap after applying and rinsing with Hibiclens
- Do not apply lotions or deodorants to the cleaned body area

You should bathe three times with Hibiclens before your procedure - twice the day before surgery (in the morning and evening) and once on the morning of surgery.